



Participants

Children, parents, teachers, school administrators, and the general public are all encouraged to participate. The event is promoted to over 200 public and private schools serving over 120,000 northwest-suburban children. **Event proceeds of at least \$10.00 per participant will be distributed back to the schools or school district education foundations** to fund activities that encourage wellness. Over \$75,000 has been raised for schools since the inaugural race in 2012.

Event Host

NORTHWEST ROADRUNNERS

Northwest Road Runners, Inc. is a local running club that was established in 2011 for the purpose of organizing this race for the Northwest Suburbs. Our goal is to encourage kids (and their parents & teachers) to become interested in running as a healthy lifestyle choice, not just for this year, but for the rest of their lives. We are a non-profit 501(c)3 charitable organization.

Champion Sponsors



For more information on the event:
www.Got2Run.org

Be A Sponsor!

Contact Jeff at RaceDirector@got2run.org

Be A Volunteer!

Contact Jennifer at Volunteers@got2run.org

Event Info

Got2Run . . . For Education

5th Annual Run/Walk to benefit wellness in local schools

- 2.62 Mile "Micro-Marathon" Run/Walk
- 8K Run (4.97 miles)

Race Location:

200 East Sigwalt Street, Arlington Heights, IL 60005
(Across the street from Village Hall)

The race will be run in the Scarsdale neighborhood.

Registration:

- Online: www.signmeup.com/112360
- Mail: Complete this form and mail to: **Northwest Road Runners, 1006 W. Isabella, Mt. Prospect, IL, 60056**
- Race Day Morning: 7:00am - 7:45am

Race Parking at three public garages:

- Adjacent to the Village Hall (enter off Sigwalt)
- Sigwalt & Evergreen (enter off Evergreen)
- Sigwalt between Vail & Highland (enter off Vail/Highland)

Awards:

- Top finishers: Prizes will be given to the overall male and female winners in the 2.62, 8K and wheelchair races.
- Youth age groups 19 and under: Prizes will be given to the top 3 finishers in each age and gender category for the 2.62 and 8K races. Awards will be presented at the post-race awards ceremony.
- Adult age groups 20 and over: Prizes will be given to the top 3 finishers in each age and gender category for the 2.62 and 8K races. Awards may be picked up at the awards table following the event.
- See website for the list of age categories in each race.
- All participants will receive a 2.62/8K bumper sticker or magnet and a 2.62 backpack tag.

Packet Pick Up:

- Friday, May 20th at Runners High-N-Tri, 121 W. Campbell St., Arlington Heights, IL 60005 from 10:30am - 7pm.
- Race Day, at the registration tent between 7:00am - 7:45am.

Race Course: Both the 2.62 and 8K courses have been certified by the USA Track & Field organization. Police and volunteer marshals will staff intersections and direct traffic, but the course will not be completely closed to traffic.



Certified Course

Race Shirts: All pre-registered participants will receive a short sleeved technical T-shirt (both adult and youth sizes).

Timing & Results: **CHIP TIMING!** Course clocks will be located at each mile. Race Results will be posted on race day at the finish line and online at www.Got2Run.org.

Safety:

- For safety reasons, pets, roller blades, skateboards, and bicycles of any kind will not be allowed in either race.
- Strollers will be allowed, but must start behind the runners.



Micro-Marathon Run/Walk

&



Run

Saturday, May 21, 2016 Start Time 8:00am

www.Got2Run.org



Like Us on Facebook!
Search for "Got2Run"

REGISTRATION FORM

Enter online at: www.signmeup.com/112360

Last Name _____ First Name _____

Address _____ City _____

State _____ Zip _____ Contact Phone _____ Sex: M F

Email _____ Date of Birth _____ Age on 5/21/2016 _____

Event Fees

Event registering for: 2.62 Run/Walk 8K Run 2.62 Wheelchair (Unassisted)

Note: Due to course timing restrictions, if you are planning on walking the entire course, please register for the 2.62.

	Early Registration (thru Sun. May 15 @ 8pm)	Registration (after Sun. May 15 @ 8pm)
Student - 19 or Under	\$15	\$20
Adult - 20 or over	\$25	\$30
Stroller Rider (Untimed)*	\$5	\$5
Wheelchair Pusher (Untimed)†	\$5	\$5
No-shirt option	deduct \$5	deduct \$5
Got2Run Running Hat (Optional)	\$10 each	\$10 each

Notes: A \$1.50 online transaction fee will be added to each participant registered online (except Stroller Rider or Wheelchair Pusher). Race will be held rain or shine. All fees are non-refundable and non-transferable.

***Stroller Rider (Untimed)** receives a t-shirt and an untimed bib, but is not eligible to select a school for funds distribution. Stroller Pusher signs up as Student or Adult and receives a timed bib.

†**Wheelchair Pusher (Untimed)** receives a t-shirt and an untimed bib, but is not eligible to select a school for funds distribution. Wheelchair Rider (Assisted) signs up as Student or Adult, receives a timed bib, and will be placed in Wheelchair Rider division of the 2.62 race. Unassisted Wheelchair participants sign up as Student or Adult, receive a timed bib, and select 2.62 Wheelchair event.

Race Shirt Selection (Tech Shirts)

Men S M L XL XXL

Women S M L XL XXL

Youth YS(6-8) YM(10-12) YL(14-16) YXL(18-20)

None I've deducted \$5 from my registration fee

Got2Run Running Hat (Limited edition—please indicate quantities of each color desired at \$10 each)

_____ Gray _____ White _____ Blue

Waiver (Must be signed.) One form per participant, stroller rider, or wheelchair pusher required.

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, and all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Got2Run For Education event, Northwest Road Runners, Inc., the Village of Arlington Heights, the Road Runners Club of America, schools, school districts, school related parent & fundraising groups, event sponsors & vendors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

(Parent or Guardian Signature if under 18 years)

Emergency Contact Name _____

Emergency Contact Phone Number _____

For Official Use Only:

RACE NUMBER

Please Check the Box of the School for Which You Are Participating: Event proceeds will be distributed back to the schools or school district education foundations of each participant's choice to fund activities that encourage wellness. At least \$10.00 will be donated per participant. (2015 donation was \$15.05 per participant.) **Please check only one school. If you don't see your school or school district listed, please write it in below.**

Public School Districts

Arlington Hts. SD 25

- Dryden
- Greenbrier
- Ivy Hill
- Olive-Mary Stitt
- Patton
- South
- Thomas
- Westgate
- Windsor

Barrington CUSD 220

- Arnett C. Lines
- Barbara B. Rose
- Barrington HS
- BMS – Prairie
- BMS – Station
- Countryside
- Grove Avenue
- Hough Street
- North Barrington
- Roslyn Road
- Sunny Hill

Bensenville SD 2

- Blackhawk Middle School
- Mohawk School
- W. A. Johnson School
- Tioga School

Community Consolidated SD 15

- Carl Sandburg JH
- Central Road
- Frank C. Whiteley
- Gray M. Sanborn
- Hunting Ridge
- Jane Addams
- John G. Conyers
- Kimball Hill
- Lake Louise
- Lincoln
- Marion Jordan
- Pleasant Hill
- Plum Grove JH
- Stuart R. Paddock
- Thomas Jefferson
- Virginia Lake
- Walter R. Sundling JH
- Willow Bend
- Winston Campus Elementary
- Winston Campus JH

Community Consolidated SD 21

- Cooper
- Field
- Frost
- Hawthorne
- Holmes
- Kilmer
- London
- Longfellow
- Meadowdale
- Neubert
- Oak Ridge
- Parkview
- Perry
- Sleepy Hollow
- Westfield
- Westfield Community

East Maine SD 63

- Apollo
- Gemini
- Mark Twain
- Melzer
- Nelson
- Stevenson
- Washington

Hawthorn SD 73

- Aspen
- Dual Language
- Elementary North
- Elementary South
- Middle North
- Middle South
- Townline

Kildeer-Countryside CCSD 96

- Country Meadows
- Hoover
- Lakeview
- Lincoln Prairie
- Link
- MacArthur
- Meadow
- Muir
- Nerge
- Stevenson

Lake Zurich SD 95

- Isaac Fox
- Lake Zurich HS
- May Whitney
- Middle North
- Middle South
- Sarah Adams
- Seth Paine
- Spencer Loomis

Mt. Prospect SD 57

- Fairview
- Lincoln
- Lions Park
- Westbrook
- Kirk
- Miner
- Timber Ridge

Park Ridge SD 64

- Carpenter
- Emerson
- Field
- Franklin
- Jefferson
- Lincoln
- Roosevelt
- Washington

Prospect Hts. SD 23

- Anne Sullivan
- Betsy Ross
- Eisenhower
- MacArthur
- Euclid
- Indian Grove
- River Trails

River Trails SD 26

- Euclid
- Indian Grove
- River Trails

Schaumburg SD 54

- Addams
- Armstrong
- Blackwell
- Campanelli
- Churchill
- Collins
- Dirksen
- Dooley
- Einstein
- Eisenhower
- Enders-Salk
- Fairview
- Fox
- Frost
- Hale
- Hanover Highlands
- Hoover
- Keller
- Lakeview
- Lincoln Prairie
- Link
- MacArthur
- Meadow
- Muir
- Nerge
- Stevenson

Wood Dale SD 7

- Early Childhood Education Center
- Oakbrook
- Westview
- Wood Dale JH

Woodland SD 50

- Elementary East
- Elementary West
- Primary
- Intermediate
- Middle
- Buffalo Grove
- Cary-Grove
- Crystal Lake Central
- Crystal Lake South
- Elk Grove
- Glenbrook North
- Glenbrook South
- John Hersey
- Maine East
- Maine South
- Maine West
- Mundelein HS
- Niles West
- Prairie Ridge
- Prospect
- Rolling Meadows
- Twp. HSD 211

Public High Schools

- St. Anne Catholic
- St. Colette Catholic
- St. Emily Catholic
- St. Francis de Sales
- St. Hubert Catholic
- St. James Catholic
- St. Mary School (B.G.)
- St. Paul Lutheran
- St. Paul of The Cross
- St. Peter Lutheran (A.H.)
- St. Peter Lutheran (Schaumburg)
- St. Raymond Catholic
- St. Theresa Elementary
- St. Thomas of Villanova
- St. Viator
- St. Zachary Catholic
- The Willows Academy

Home School Co-op

- Holy Family Catholic Academy
- Immanuel Lutheran
- Jerusalem Evangelical Lutheran
- Mary Seat of Wisdom
- Northridge Preparatory
- Our Lady of the Wayside
- Prince of Peace (Lake Villa)
- Queen of the Rosary
- Quentin Rd. Christian
- Quest Academy
- Schaumburg Christian
- St. Alphonsus Liguori
- St. Andrews Lutheran
- St. Anastasia Catholic
- St. Anne Catholic
- St. Colette Catholic
- St. Emily Catholic
- St. Francis de Sales
- St. Hubert Catholic
- St. James Catholic
- St. Mary School (B.G.)
- St. Paul Lutheran
- St. Paul of The Cross
- St. Peter Lutheran (A.H.)
- St. Peter Lutheran (Schaumburg)
- St. Raymond Catholic
- St. Theresa Elementary
- St. Thomas of Villanova
- St. Viator
- St. Zachary Catholic
- The Willows Academy
- HEART Home Co-op

All Schools—Proceeds from your participation will be divided amongst all schools represented at the event.

Other School or School District: (minimum 5 participants to share in event proceeds): _____

School or School District Name: _____

City: _____