

Just Move it! Challenge Pre-Registration Deadline Friday, March 27th!

The Arlington Heights Council of PTAs and ABC/25 Foundation invite runners and walkers of ALL ages and abilities to participate in a 5k and 1 mile Run/Walk on April 12th that combines fitness and fun for the entire family!

Entry fees increase \$10 per adult and \$5 per child after Friday March 27th and only the first 800 participants who register by this date will be guaranteed a souvenir tote with health and wellness items from our sponsors.

Want to run both races? Adult participants in the 5k Run/Walk may participate in the 1 mile race for FREE! For safety reasons only registered participants with signed waivers and bib numbers will be permitted on either race course.

Don't want to run or walk? Volunteer! We need over 75 volunteers to make race day successful. You can help and still be a part of the fun!

Registration, Volunteering, and Event Details: <http://www.jmichallenge.org>

RUN, WALK, DONATE OR HELP! Just Move it!

Contact Kim Schmidt kimschmidt73@comcast.net or Amy Svoboda amysvo424@gmail.com with questions or suggestions.

*All proceeds go to the *Scholarship and Grant Fund*, benefiting the education of School District 25 students through PTA scholarships and the ABC/25 Foundation Grant selection.