**Just Move it! Challenge Needs Volunteers and Offers Something for the Whole Family!**

Spring is coming and the Arlington Heights Council of PTAs and ABC/25 Foundation invite runners and walkers of ALL ages and abilities to participate in a 5k and 1 mile Run/Walk on **Saturday, April 16th** that combines fitness and fun for the entire family!

**We NEED Volunteers!** Over 75 volunteers are needed to make race day successful. Street marshal volunteers are needed for both the 5K and 1 Mile races; this is a great way to cheer on family and friends while they run or walk!

**Just Move it! Challenge Scheduled Activities:**

**6:30 AM Race Day Registration Begins**

**7:30–10 AM Health & Fitness Expo -** Come check out activities, products, and information from:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Gold Sponsors |  | Silver Sponsors | |  | Bronze Sponsors |
| First Midwest Bank |  | At Properties – Get Burbed | Baird & Warner – Connie Ayoub |  | Drozd Roofing |
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|  |  | All About Kids Dentistry |  |  | Language Stars |
|  |  | Benefit Express |  |  | U.S. Elite Martial Arts |
|  |  | Tim Stearns Group |  |  | Crunch Fitness |
|  |  | Will Unger |  |  | Momentum Health |
|  |  | DK Fitness Arts |  |  |  |

**8 AM 5K Run/Walk Start**

**9 AM 1 Mile Run/Walk Start**

**Registration, Volunteering, and Event Details**: <http://www.jmichallenge.org>

**RUN, WALK, DONATE OR HELP! Just Move it!**

**Show your support for Patton and wear school colors or spirit wear!**

**Contact your school representatives Mary Goumas (**[**mgoumas@sd25.org**](mailto:mgoumas@sd25.org)**) or Pam Sloss (**[**ipojsloss@gmail.com**](mailto:ipojsloss@gmail.com)**) with questions or suggestions.**

\*All proceeds go to the *Scholarship and Grant Fund*, benefiting the education of School District 25 students through PTA scholarships and the ABC/25 Foundation Grant selection.